1964 St. Paul City Regional/Conference Meet - Mon., Oct. 26th at Highland Park, 2 miles

Teams:

- 1 Murray 37
- 2 Central 40
- 3 Johnson 76
- 4 Highland Park 126
- 5 Washington 152
- 6 Monroe 163
- 7 Mechanic Arts 168
- 8 Harding 200
- 9 Humboldt 237

Individuals:

- 1 Pat Kelly, Monroe, 10:00
- 2 Erwin Clark, Central, 10:20
- 3 Jim Svardahl, Central, 10:28
- 4 Marty Brandt, Murray
- 5 Kent Cutkomp, Murray

Note: The City Meet was also the St. Paul Regional Meet to qualify two teams and the first five finishers for the State Meet.